

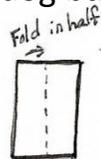
# 6 Principles of Nonviolence 1-Page Booklet (Activity 1)

## MATERIALS:

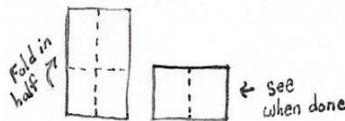
- Printed copy of “6 Principles of Nonviolence According to Dr. King” worksheet
- Scissors
- Drawing Supplies (Pen, Pencil, Markers, Crayons, etc.)

## INSTRUCTIONS:

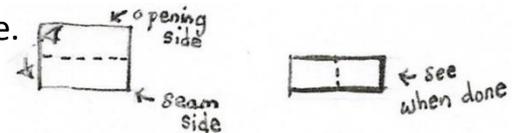
**Step 1:** After printing the worksheet, turn your page text side down and fold your paper in half lengthwise (like a hot dog bun!) You should see the text side of the paper at the end of this step.



**Step 2:** Open the paper back up & fold it in half the other direction crosswise, like pages in a book.

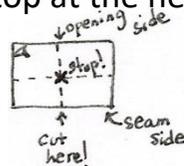


**Step 3:** From the top where the page opens up, fold one half of the page back down to the seam. Flip the paper over and do the same to the other side.

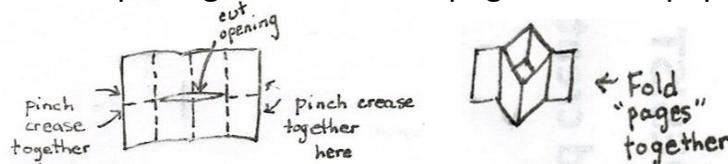


**Step 4:** Unfold your paper until it looks like step 2 where the paper is only folded crosswise.

**Step 5:** Starting at the seam, use your scissors to cut to the halfway point along the crease created in the middle of the page. Stop at the next intersecting crease. (\*\*Do not cut all of the way through to the edge.)



**Step 6:** Open your paper. Pinch the middle seam on both sides of the cut while allowing the paper to open along the cut opening. Fold back the page until the paper folds into a booklet.



**Step 7:** Congratulations!! You’ve made your 6 Principles of Nonviolence booklet. Decorate it any way you like and don’t forget to take a snapshot for the online MLK Day gallery!

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DR. KING  
ACCORDING TO  
NONVIOLENCE  
OF  
6 PRINCIPLES

Principle #1	Nonviolence is a way of life for courageous people.	Principle #2	Nonviolence seeks to win friendship & understanding.
Principle #3	Nonviolence seeks to defeat injustice not people.	Principle #4	Nonviolence holds that suffering can educate & transform people and societies.
Principle #5	Nonviolence chooses love instead of hate.	Principle #6	Nonviolence believes that the universe is on the side of justice.